



Earned by

**Melissa Haverkamp**

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This certificate was granted to you as a physician or health professional team member by the American College of Lifestyle Medicine based on completion of the “Remission of Type 2 Diabetes and Reversal of Insulin Resistance with Lifestyle Medicine” Course.

The Type 2 Diabetes Remission Certificate signifies specialized knowledge and competency in evidence-based lifestyle medicine to support the treatment, remission, and prevention of type 2 diabetes and insulin resistance.

A handwritten signature in black ink that reads 'Susan Benigas'.

**Susan Benigas**  
Executive Director  
American College of Lifestyle Medicine

A handwritten signature in black ink that reads 'John Kelly MD'.

**John Kelly, MD, MPH, FACLM, LM Intensivist**  
Founding President and Course Lead Faculty  
American College of Lifestyle Medicine

Monday, June 2, 2025

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**Date**